

The CPCRA is doing a study called FIRST. The goal of the study is to find the best treatment plan for people who are just starting HIV treatment.

FIRST Study

To join the study you must:

be HIV+

be at least
13 years old

be willing to sign a
consent form

be willing to use a barrier method
of birth control (applies only
to women able to have children)

To join the study you must not:

be pregnant or
breastfeeding

have taken certain
HIV drugs

have taken any HIV drugs (except
3TC) for more than 4 weeks or 3TC
for more than 1 week

To take part in the study, you will

- have a physical exam
- answer questions and complete brief surveys about your health
- have blood drawn for lab tests
- return for visits at 1 month, 4 months, and every 4 months thereafter, during which the activities listed above will be repeated.

For more information contact: